



Dear PAT Families,

We hope that you are enjoying your summer. There are many opportunities available in Moberly for family friendly activities. Check out the websites below for information. The library website is included as a follow-up to last month's note about Tumble Books and downloading reading materials from Missouri Libraries 2 Go. Check out these resources!

Screenings for the Title 1 Preschool are being held at East Park on June 9th, 10th, and if needed the 11th. You must call ahead and register to be screened. The phone number is: 660-269-2624.

~PAT Staff

*Karen, Carolyn, Sharon, & Leigh*

### Randolph County Health Department

<http://randolphcountyhealth.org/>

### Moberly Parks and Recreation

<http://www.moberlymo.org/Parks/parkrec.htm>

### Little Dixie Regional Library

<http://www.little-dixie.lib.mo.us>

### Missouri Libraries 2 Go

<http://molib2go.lib.overdrive.com/17923E8E-ABF8-4312-9405-788F4E429D40/10/50/en/default.htm>

### Healthy Blueberry Muffin Overnight Dessert Oats

Prep Time: 3 minutes Cook Time: 2 minutes Total Time: 5 minutes  
Yield: 1 serving Calories per serving: 250 Fat per serving: 4.5-5.5g

- |                                   |   |
|-----------------------------------|---|
| 1/2 cup Old Fashioned Rolled Oats | 3 packets Truvia                        |
| 1/16 tsp Salt                     | 2/3 cup Unsweetened Vanilla Almond Milk |
| 1/2 cup Frozen Blueberries        | 1/2 tsp Vanilla Extract                 |

In a bowl, stir together the oats, Truvia and salt. Stir in the milk, frozen blueberries and vanilla extract. Cover and refrigerate overnight. EAT!

[www.DessertsWithBenefits.com](http://www.DessertsWithBenefits.com)



### Fine Motor Wiffle Ball

#### Creatures

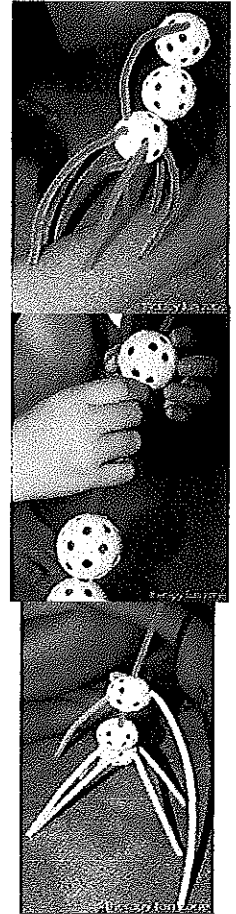
#### Materials:

- Practice golf wiffle balls
- Pipe cleaner
- Pool noodle pieces

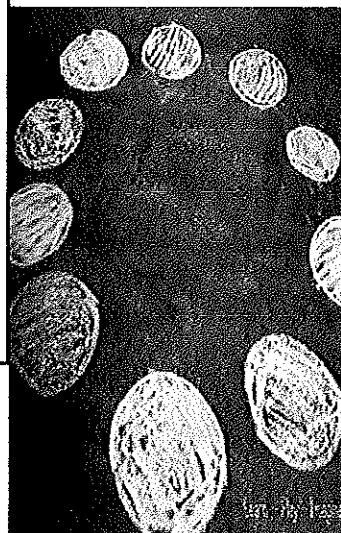
#### Skills:

- Fine motor
- Motor planning
- Visual perception


This is a fairly open ended activity that works on fine motor skills, motor planning, visual perception, and planning in general as you try to make creatures and structures that will stand up. Try using practice golf balls that have the holes in them and some pipe cleaners.





<http://therapyfunzone.net/blog/fine-motor-wiffle-ball-creatures/>





### Color Song


Orange is a carrot, 


Yellow is a pear, 


Green is the grass, 

And brown is a bear, 

Purple is a plum, 

Blue is the sky, 

Black is a witch's hat, 

And red is cherry pie. 

### Color Hop Game

As you hop onto a dot, call out the color. The best way to get a toddler involved in a gross motor game is to start playing it yourself. Young children almost always want to join in the fun.

<http://www.learnplayimagine.com/2013/03/gross-motor-activity-for-toddlers-color.html?m=1>